

♦ INDEX ♦

*Recipe names in italics are ethnic names*

**A**

Alaska Wild Greens 32  
Aleppo pepper, about 5  
ALMONDS  
Apricot-Almond Squares 202  
Butter Cookies with Almonds 204  
*Kourambiedes* 204  
*Pasta Flora* 202  
Roasted Almonds 11  
Baked Feta with Peppers and Tomatoes 17  
APPETIZERS  
*Caponata* 18  
Cheese Triangles 27  
*Dolmadakia* 22  
*Dolmas* 24  
Eggplant Spread 12  
Flaming Cheese 14  
Garbanzo Bean and Garlic Dip 13  
Garlic Spread 14  
Grape Leaves with Meat Stuffing 22  
Grape Leaves with Rice Stuffing 24  
Greek Meatballs 20  
*Hummus* 13  
Marinated Green Olives 10  
Marinated Kalamata Olives 10  
Roasted Almonds 11  
Roasted Beets with Greens and Garlic Spread 25  
Roasted Kalamata Olives 9  
Roasted Octopus 26  
Roasted Pepper and Feta Spread 16  
Roasted Red Peppers 16  
*Saganaki* 14  
*Sarmas* 24  
*Spanakopita* 26  
Spicy Feta Cheese Spread 15  
Spinach Fritters 21  
Spinach Triangles 26  
Sweet and Sour Eggplant with Olives and Capers 18  
*Tyropita* 27  
*Tzatziki* 12  
Yogurt and Cucumber Dip 12  
Apricot-Almond Squares 202  
Armenian Pizza 80

ARTICHOKES

Artichoke and Leek Egg-Lemon Soup 65  
Artichoke and Rice Pilaf 87  
Artichokes with Dill 183  
AVGOLEMONO  
Artichoke and Leek Egg-Lemon Soup 65  
*Avgolemono Soupa* 64  
*Dolmadakia* 22  
*Dolmades Avgolemono* 146  
Easter Lamb Soup 66  
Egg-Lemon Soup 64  
Grape Leaves with Meat Stuffing 22  
*Mayeritsa* 66  
Stuffed Lettuce or Swiss Chard with Egg-Lemon Sauce 146

**B**

*Baklava* 197  
BEANS  
Baked Eggplant and Garbanzo Beans 173  
Fava-Style Beans with Dill and Onions 165  
Fresh Beans and Potatoes in Grape Leaves 164  
Garbanzo Bean and Garlic Dip 13  
*Harira* 69  
*Hummus* 13  
Lamb with Garbanzos and Spinach 138  
Moroccan Lamb and Bean Soup 69  
Spicy White Bean Soup 62  
Three Bean, Greens, and Zucchini Salad with Smoked Salmon 160  
Three-Bean, Greens, Zucchini, and Tomato Stew 161  
White Bean and Onion Salad 53  
BEANS, GREEN  
Green Beans and Tomato Stew 162  
Green Beans, Zucchini, and Potato Stew 163  
Three Bean, Greens, and Zucchini Salad with Smoked Salmon 160  
Three-Bean, Greens, Zucchini, and Tomato Stew 161

BEEF

Armenian Pizza 80  
Baked Eggplant and Potatoes with Meat Sauce and Béchamel 176  
Baked Eggplant with Meat Sauce and Yogurt Topping 178  
Baked Pasta with Meat Sauce 82  
Beef and Vegetable Soup with Rhubarb 70  
Beef Braised with Tomatoes and Garlic 141  
*Bifteki* 139  
Cumin-Lemon Meatballs with Wild Greens 145  
*Dolmadakia* 22  
*Dolmades Avgolemono* 146  
Egyptian Pasta with Béchamel 84  
Grape Leaves with Meat Stuffing 22  
Greek Hamburgers 139  
Greek Meatballs 20  
*Lahmajoon* 80  
*Moussaka* 176  
*Moussaka* with Yogurt 178  
*Pastitsada* 141  
*Pastitsio* 82  
Rosemary Beef Stew with Pearl Onions 142  
Serbian Beef Stew with Onions and Peppers 143  
Stuffed Lettuce or Swiss Chard with Egg-Lemon Sauce 146  
Stuffed Meat Rolls in Tomato Sauce 144  
BEEF, GROUND  
Armenian Pizza 80  
Baked Eggplant and Potatoes with Meat Sauce and Béchamel 176  
Baked Eggplant with Meat Sauce and Yogurt Topping 178  
Baked Pasta with Meat Sauce 82  
*Bifteki* 139  
Cumin-Lemon Meatballs with Wild Greens 145  
*Dolmadakia* 22  
*Dolmades Avgolemono* 146  
Egyptian Pasta with Béchamel 84  
Grape Leaves with Meat Stuffing 22  
Greek Hamburgers 139  
Greek Meatballs 20

*Lahmajoon* 80  
*Moussaka* 176  
*Moussaka* with Yogurt 178  
*Pastitsio* 82  
Stuffed Lettuce or Swiss Chard with Egg-Lemon Sauce 146  
BEETS  
Beet Greens with Lemon and Garlic 35  
Roasted Beets with Greens and Garlic Spread 25  
Spinach Salad with Beets and Mint 41  
*Bifteki* 139  
Biscotti, Greek 207  
Black pepper, about 4  
*Bougatsa* 201  
BREAD  
Greek Village Bread 81  
Palestinian Bread 79  
*Pita* 79  
Tomato and Bread Salad 49  
*Briami* 181  
Bulgur, Tomato, Parsley, and Bulgur Salad 50  
Butter Cookies with Almonds 204  
Butter, clarified, about 5  
**C**  
CABBAGE  
Cabbage Salad 42  
Paprika Pork and Cabbage 148  
Salted Cabbage and Carrot Salad 43  
CAKE  
Coconut Semolina Cake 211  
*Karithopita* 209  
Nana's New Year's Cake 211  
*Ravani* 210  
Semolina Cake 210  
*Vasilopita* 212  
Walnut Cake 209  
CAPERS  
Capers, about 5  
Carrot-Radish Salad with Capers 54  
Salmon in Grape Leaves with Caper-Lemon Sauce 105  
*Caponata* 18

**CARROTS**

- Carrot-Radish Salad with Capers 54
- Salted Cabbage and Carrot Salad 43

**CAULIFLOWER**

- Cauliflower Stew 194
- Spicy Fried Cauliflower 193
- Cauliflower *Stifado* 194

**CELERY**

- Pork with Celery and Lemon 149

**CHARD, SWISS**

- Dolmades Avgolemono* 146
- Stuffed Lettuce or Swiss Chard with Egg-Lemon Sauce 146
- Swiss Chard and Eggs 187
- Swiss Chard and Onions Braised in Olive Oil 188

**CHEESE**

- Baked Feta with Peppers and Tomatoes 17
- Baked Garlic Spinach with Cheese 186
- Cheese Triangles 27
- Flaming Cheese 14
- Roasted Pepper and Feta Spread 16
- Saganaki* 14
- Savory Squash Pie 78
- Spicy Feta Cheese Spread 15
- Tyrokafteri* 15
- Tyropita* 27
- Zucchini Flowers Stuffed with Cheese 170

***Chermoula*, Grilled Halibut 95****CHICKEN**

- Baked Chicken and Orzo in Tomato Sauce 121
- Chicken and Okra 128
- Chicken with Onions and Saffron 127
- Chicken with Spiced Tomato Sauce 126
- Nahkla's Garlic Chicken 124
- Oregano Chicken and Potatoes 123
- Over-seasoned Roast Chicken and Potatoes 122
- Palestinian Chicken and Onions 120
- Palestinian Chicken Soup 68
- Stathis' Garlic Chicken 125

- Clarified butter, about 5
- Coconut Semolina Cake 211
- Cod, with Garlic Sauce 100
- Cook's Notes 3

**COOKIES**

- Butter Cookies with Almonds 204
- Greek Biscotti 207
- Honey Spice Cookies 208
- Koulourakia* 206
- Kourambiedes* 204
- Melomakarouna* 208
- Paximadakia* 207
- Cookies, Greek Easter 206

**CORNMEAL**

- Boiled Polenta 89
- Mamaliga* 89

**Crab, Lemon-Marinaded Dungeness 110****CUCUMBER**

- Cucumber Salad 44
- Greek Village Salad 45
- Tzatziki* 12
- Yogurt and Cucumber Dip 12
- Custard in Filo with Lemon Syrup 199
- Cypriot Salad with Cilantro 44

**D****DESSERTS**

- Apricot-Almond Squares 202
- Baklava* 197
- Bougatsa* 201
- Butter Cookies with Almonds 204
- Coconut Semolina Cake 211
- Custard in Filo with Lemon Syrup 199
- Galactoboureko* 199
- Greek Biscotti 207
- Greek Easter Cookies 206
- Honey Spice Cookies 208
- Honey-Nut Pastries 197
- Karithopita* 209
- Koulourakia* 206
- Kourambiedes* 204
- Melomakarouna* 208
- Moroccan Pancakes with Honey 213
- Nana's New Year's Cake 212
- Pasta Flora* 202
- Paximadakia* 207
- Ravani* 210
- Rice Pudding 214
- Rizogalo* 214
- Semolina Cake 210
- Sweet Custard in Filo 201
- Vasilopita* 212
- Walnut Cake 209

***Dolmadakia* 22*****Dolmas* 24****E**

- Easter Lamb Soup 66
- Egg-Lemon Soup 64

**EGGPLANT**

- Baked Eggplant and Garbanzo Beans 173
- Baked Eggplant and Potatoes with Meat Sauce and Béchamel 176
- Baked Eggplant with Meat Sauce and Yogurt Topping 178
- Baked Eggplant with Tomatoes and Onion 174
- Briami* 181
- Caponata* 18
- Eggplant Spread 12
- Fried Eggplant and Peppers in Tomato Sauce 180
- Garlic-Crusted Salmon with Eggplant Sauce 106
- Imam Baildi* 174
- Lamb and Eggplant Kebab 134
- Melitzanosalata* 12
- Moussaka* 176
- Moussaka* with Yogurt 178
- Roasted Eggplant and Pepper Salad 51
- Roasted Mixed Vegetables 181
- Stuffed Eggplant with Tomato Sauce 171
- Sweet and Sour Eggplant with Olives and Capers 18

**EGGS**

- Spinach and Eggs 185
- Swiss Chard and Eggs 187
- Tomatoes and Eggs 175
- Egyptian Pasta with Béchamel 84
- Egyptian Rice with Dill 86
- Egyptian Spicy Baked Fish 92
- Endive, Curly Endive Salad 34

**F*****Fattoush* 49****FESTIVAL RECIPES**

- Apricot-Almond Squares 202
- Baked Eggplant and Potatoes with Meat Sauce and Béchamel 176
- Baked Pasta with Meat Sauce 82

***Baklava* 197**

- Butter Cookies with Almonds 204
- Cheese Triangles 27
- Custard in Filo with Lemon Syrup 199
- Dolmadakia* 22
- Dolmas* 24
- Galactoboureko* 199
- Grape leaves with Meat Stuffing 22
- Grape Leaves with Rice Stuffing 24
- Greek Biscotti 207
- Greek Easter Cookies
- Greek Salad 37
- Honey Spice Cookies 208
- Honey-Nut Pastries 197
- Karithopita* 209
- Koulourakia* 206
- Kourambiedes* 204
- Marinated Kalamata Olives 10
- Melomakarouna* 208
- Moussaka* 176
- Pasta Flora* 202
- Pastitsio* 82
- Paximadakia* 207
- Ravani* 210
- Sarmas* 24
- Semolina Cake 210
- Spanakopita* 26
- Spinach Triangles 26
- Tyropita* 27
- Walnut Cake 209

**FISH**

- Egyptian Spicy Baked Fish 92
- Fried Cod with Garlic Sauce 100
- Garlic-Crusted Salmon with Eggplant Sauce 106
- Grilled Halibut *Chermoula* 95
- Grilled Rockfish with Lemon Sauce 100
- Grilled Salmon with Garlic-Lemon Sauce 108
- Halibut and Potato Stew 99
- Halibut with Onions, Pine Nuts, and Tahini Sauce 96
- Lebanese Spicy Baked Fish 94
- Oregano Halibut 97
- Rockfish in Orange Sauce 102
- Rockfish with Rosemary Sauce 102
- Salmon in Grape Leaves with Caper-Lemon Sauce 105

Salmon Marinated in Lemon and Parsley 109  
Salmon *Plaki* 104  
Savory Halibut Stew 98

## G

*Galactoboureko* 199

### GARBANZO BEANS

Baked Eggplant and Garbanzo Beans 173  
Garbanzo Bean and Garlic Dip 13  
*Hummus* 13  
Lamb with Garbanzos and Spinach 138

### GARLIC

Fried Scallops with Garlic Sauce 115  
Fried Squid with Lemon and Garlic 116  
Garlic Spread 14  
Garlic-Crusted Salmon with Eggplant Sauce 106  
Grilled Salmon with Garlic-Lemon Sauce 108  
Nahkla's Garlic Chicken 124  
Roasted Beets with Greens and Garlic Spread 25  
*Skordalia* 14  
Stathis' Garlic Chicken 125

### GRAPE LEAVES

*Dolmadakia* 22  
*Dolmas* 24  
Fresh Beans and Potatoes in Grape Leaves 164  
Grape leaves with Meat Stuffing 22  
Grape Leaves with Rice Stuffing 24  
Salmon in Grape Leaves with Caper-Lemon Sauce 105  
*Sarmas* 24

Greek Easter Cookies 206

Greek Festival Recipes, see FESTIVAL RECIPES

Greek Meatballs 20

Greek Salad 37

Greek Stuffed Zucchini 168

Greek Tomato and Onion Salad 46

Greek Village Bread 81

Greek Village Salad 45

## GREENS

Alaska Wild Greens 32  
Beet Greens with Lemon and Garlic 35  
Cooked Wild Greens 30  
Cumin-Lemon Meatballs with Wild Greens 145  
Curly Endive Salad 34  
Fresh Wild Greens 31  
*Hortopita* 76  
Nettles with Eggs and Horseradish Cream Sauce 184  
Sautéed Nettles 184  
Three Bean, Greens, and Zucchini Salad with Smoked Salmon 160  
Three-Bean, Greens, Zucchini and Tomato Stew 161  
Wild Greens Pie 76

## H

### HALIBUT

Egyptian Spicy Baked Fish 92  
Grilled Halibut *Chermoula* 95  
Halibut and Potato Stew 99  
Halibut with Onions, Pine Nuts, and Tahini Sauce 96  
Lebanese Spicy Baked Fish 94  
Oregano Halibut 97  
Savory Halibut Stew 98

*Harira* 69

Honey Spice Cookies 208

*Horiatiki Salata* 45

*Hortopita* 76

*Hummus* 13

### I

*Imam Baidi* 174

## K

*Karithopita* 209

### KEBAB

*Kebab* 133

Lamb and Eggplant Kebab 134

Pork Kebabs with Oregano 154

*Souvlaki* 154

### KIDNEYS

Serbian Kidney and Onion Stew 157

*Kleftiko* 140  
*Koulourakia* 206  
*Kourambiedes* 204

## L

*Lahmajoon* 80

### LAMB

Baked Eggplant and Potatoes with Meat Sauce and Béchamel 176  
Baked Eggplant with Meat Sauce and Yogurt Topping 178  
Baked Orzo with Lamb 136  
Baked Pasta with Meat Sauce 82  
*Dolmadakia* 22  
*Dolmades Avgolemono* 146  
Easter Lamb Soup 66  
Egyptian Pasta with Béchamel 84  
Grape Leaves with Meat Stuffing 22  
Grilled Lamb Sausages 133

*Harira* 69

*Kebab* 133

*Kleftiko* 140

Lamb and Eggplant Kebab 134

Lamb Braised with Lemon and Onion 136

Lamb Packets with Onions, Tomatoes and Feta 140

Lamb Salad 40

Lamb with Garbanzos and Spinach 138

*Mayeritsa* 66

Moroccan Lamb and Bean Soup 69

Moroccan Lamb and Onion Stew 134

*Moussaka* 176

*Moussaka* with Yogurt 178

*Pastitsio* 82

Roast Lamb with Tomato Sauce and Potatoes 131

Stuffed Lettuce or Swiss Chard with Egg-Lemon Sauce 146

*Yiouvetsi* 136

### LAMB, GROUND

Baked Eggplant and Potatoes with Meat Sauce and Béchamel 176

Baked Eggplant with Meat Sauce and Yogurt Topping 178

Baked Pasta with Meat Sauce 82

*Dolmadakia* 22

*Dolmades Avgolemono* 146

Egyptian Pasta with Béchamel 84  
Grape Leaves with Meat Stuffing 22  
Greek Meatballs 20  
Grilled Lamb Sausages 133  
*Kebab* 133  
Lamb and Eggplant Kebab 134  
*Moussaka* 176  
*Moussaka* with Yogurt 178  
*Pastitsio* 82

Stuffed Lettuce or Swiss Chard with Egg-Lemon Sauce 146

Lebanese Spicy Baked Fish 94

### LENTILS

Lentil and Noodle Soup 58  
Lentil and Vegetable Soup 60  
Lentils and Rice with Caramelized Onions 86  
Red Lentil Soup 61

### LETTUCE

*Dolmades Avgolemono* 146

Greek Salad 37

Lettuce and Radish Salad with Cheese 39

Lettuce Mixed Salad with Olive Dressing 38

Mixed Salad with Olive Dressing 38

Romaine and Dill Salad 36

Stuffed Lettuce or Swiss Chard with Egg-Lemon Sauce 146

Liver, Alexandrian with Spicy Green Peppers and Onions 156

## M

*Mamaliga* 89

*Mayeritsa* 66

MEAT 130–177; see also Beef; Lamb; Pork; Veal

### MEATBALLS

Cumin-Lemon Meatballs with Wild Greens 145

Greek Meatballs 20

*Melitzanosalata* 12

*Melomakarouna* 208

Moroccan Lamb and Bean Soup 69

Moroccan Pancakes with Honey 213

Moroccan Tomato and Pepper Salad 48

*Moussaka* 176

*Moussaka* with Yogurt 178

**N****NETTLES**

- Nettles with Eggs and Horseradish Cream Sauce 184
- Sautéed Nettles 184

New Year's Cake, Nana's 211

**NUTS**

- Apricot-Almond Squares 202
- Baklava* 197
- Butter Cookies with Almonds 204
- Honey-Nut Pastries 197
- Kourambiedes* 204
- Pasta Flora* 202
- Roasted Almonds 11

**O****OCTOPUS**

- Octopus Braised in Red Wine 118
- Roasted Octopus 26

**OKRA**

- Briami* 181
- Chicken and Okra 128
- Roasted Mixed Vegetables 181
- Spicy Fried Okra 182

**OLIVES**

- Green olives, marinated 10
- Kalamata, marinated 10
- Kalamata, roasted 9
- Olives, about 6

**ORANGES**

- Orange and Onion Salad 55
- Orange and Radish Salad 56

**ORZO**

- Baked Chicken and Orzo in Tomato Sauce 121
- Baked Orzo with Lamb 136
- Lentil and Noodle Soup 58
- Yiouvetsi* 136

**P**

- Palestinian Bread 79
- Palestinian Chicken and Onions 120
- Palestinian Chicken Soup 68
- Palestinian Stuffed Zucchini 169
- Palestinian Tomato and Onion Salad 46
- Pancakes, Moroccan with Honey 213
- Parsley, Tomato, Parsley, and Bulgur Salad 50

**PASTA**

- Baked Pasta with Meat Sauce 82
- Egyptian Pasta with Béchamel 84
- Lentil and Noodle Soup 58
- Pastitsio* 82
- Rice and Pasta Pilaf 85

*Pasta Flora* 202

*Pastitsada* 141

*Pastitsio* 82

**PASTRY**

- Apricot-Almond Squares 202
- Baklava* 197
- Bougatsa 201
- Custard in Filo with Lemon Syrup 199
- Galactoboureko* 199
- Honey-Nut Pastries 197
- Pasta Flora* 202
- Sweet Custard in Filo 201

*Paximadakia* 207

Peas Baked with Tomatoes and Dill 166

**PEPPER**

- Aleppo, about 5
- Black Pepper, about 4

**PEPPERS**

- Alexandrian Liver with Spicy Green Peppers and Onions 156
- Baked Feta with Peppers and Tomatoes 17
- Cypriot Salad with Cilantro 44
- Fried Eggplant and Peppers in Tomato Sauce 180
- Moroccan Tomato and Pepper Salad 48
- Peppers, roasted, about 6
- Roasted Eggplant and Pepper Salad 51
- Roasted Pepper and Feta Spread 16
- Roasted Red Peppers 16
- Sausage and Pepper Stew 155
- Serbian Beef Stew with Onions and Peppers 143

**PIES, SAVORY**

- Cheese Pie 27
- Hortopita* 76
- Savory Squash Pie 78
- Spanakopita* 26
- Spinach Pie 26
- Tyropita* 27
- Wild Greens Pie 76
- YiaYia's Spanakopita* 73

**PILAF**

- Artichoke and Rice Pilaf 87
- Egyptian Rice with Dill 86
- Lentils and Rice with Caramelized Onions 86
- Rice and Pasta Pilaf 85

*Pita* 79

Pizza, Armenian 80

Polenta, boiled 89

**PORK**

- Grilled Pork Steak 151
- Paprika Pork and Cabbage 148
- Pork Kebabs with Oregano 154
- Pork with Celery and Lemon 149
- Pork with Coriander Seeds 150
- Roast Pork with Spinach Stuffing 152
- Souvlaki* 154

**POTATOES**

- Baked Eggplant and Potatoes with Meat Sauce and Béchamel 176
- Briami* 181
- Fresh Beans and Potatoes in Grape Leaves 164
- Fried Potatoes 192
- Green Beans, Zucchini, and Potato Stew 163
- Halibut and Potato Stew 99
- Moussaka* 176
- Oregano Chicken and Potatoes 123
- Over-seasoned Roast Chicken and Potatoes 122
- Paprika Potatoes 189
- Potato Salad with Lemon and Kalamata Olives 52
- Roast Lamb with Tomato Sauce and Potatoes 131
- Roasted Cracked Potatoes and Herbs 191
- Roasted Lemon Potatoes 190
- Roasted Mixed Vegetables 181
- Pudding, Rice 214

**R****RADISHES**

- Carrot-Radish Salad with Capers 54
- Orange and Radish Salad 56
- Ravani* 210
- Rhubarb, Beef and Vegetable Soup with 70

**RICE**

- Artichoke and Rice Pilaf 87
- Egyptian Rice with Dill 86
- Lentils and Rice with Caramelized Onions 86
- Rice and Pasta Pilaf 85
- Rice Pudding 214
- Rizogalo* 214
- Spanakorizo* 88
- Spinach and Rice 88

*Rizogalo* 214

**ROCKFISH**

- Egyptian Spicy Baked Fish 92
- Fried Cod with Garlic Sauce 100
- Grilled Rockfish with Lemon Sauce 100
- Lebanese Spicy Baked Fish 94
- Rockfish in Orange Sauce 102
- Rockfish with Rosemary Sauce 102

**S**

*Saganaki* 14

**SALAD**

- Alaska Wild Greens 32
- Beet Greens with Lemon and Garlic 35
- Cabbage Salad 42
- Carrot-Radish Salad with Capers 54
- Cooked Wild Greens 30
- Cucumber Salad 44
- Curly Endive Salad 34
- Cypriot Salad with Cilantro 44
- Fattoush* 49
- Fresh Wild Greens 31
- Greek Salad 37
- Greek Tomato and Onion Salad 46
- Greek Village Salad 45
- Horiatiki Salata* 45
- Lamb Salad 40
- Lettuce and Radish Salad with Cheese 39
- Lettuce Mixed Salad with Olive Dressing 38
- Moroccan Tomato and Pepper Salad 48
- Orange and Onion Salad 55
- Orange and Radish Salad 56
- Palestinian Tomato and Onion Salad 46

Potato Salad with Lemon and Kalamata Olives 52  
 Roasted Eggplant and Pepper Salad 51  
 Romaine and Dill Salad 36  
 Salted Cabbage and Carrot Salad 43  
 Spinach Salad 42  
 Spinach Salad with Beets and Mint 41  
*Tabbouleh* 50  
 Three Bean, Greens, and Zucchini Salad with Smoked Salmon 160  
 Tomato and Bread Salad 49  
 Tomato Salad for Kebab 47  
 Tomato, Parsley, and Bulgur Salad 50  
 White Bean and Onion Salad 53

**SALMON**  
 Garlic-Crusted Salmon with Eggplant Sauce 106  
 Grilled Salmon with Garlic-Lemon Sauce 108  
 Salmon in Grape Leaves with Caper-Lemon Sauce 105  
 Salmon Marinated in Lemon and Parsley 109  
*Salmon Plaki* 104  
 Three Bean, Greens, and Zucchini Salad with Smoked Salmon 160  
 Salt and seasoning, about 4  
*Sarmas* 24  
 Sausage and Pepper Stew 155  
 Scallops, Fried with Garlic Sauce 115

**SEAFOOD**  
 Broiled Shrimp 114  
 Egyptian Spicy Baked Fish 92  
 Fried Cod with Garlic Sauce 100  
 Fried Scallops with Garlic Sauce 115  
 Fried Squid with Lemon and Garlic 116  
 Garlic-Crusted Salmon with Eggplant Sauce 106  
 Grilled Halibut *Chermoula* 95  
 Grilled Rockfish with Lemon Sauce 100  
 Grilled Salmon with Garlic-Lemon Sauce 108  
 Grilled Shrimp 113  
 Halibut and Potato Stew 99  
 Halibut with Onions, Pine Nuts, and Tahini Sauce 96

Lebanese Spicy Baked Fish 94  
 Lemon-Marinated Dungeness Crab 110  
 Octopus Braised in Red Wine 118  
 Octopus, Roasted 26  
 Oregano Halibut 97  
 Roasted Shrimp and Spinach 112  
 Rockfish in Orange Sauce 102  
 Rockfish with Rosemary Sauce 102  
 Salmon in Grape Leaves with Caper-Lemon Sauce 105  
 Salmon Marinated in Lemon and Parsley 109  
 Salmon *Plaki* 104  
 Savory Halibut Stew 98  
 Shrimp in Tomato Sauce with Feta 110  
 Squid in Garlicky Tomato Sauce 117  
 Seasoning, salt and, about 4  
 Serbian Beef Stew with Onions and Peppers 143  
 Serbian Kidney and Onion Stew 157

**SHELLFISH**  
 Broiled Shrimp 114  
 Fried Scallops with Garlic Sauce 115  
 Grilled Shrimp 113  
 Lemon-Marinated Dungeness Crab 110  
 Roasted Shrimp and Spinach 112  
 Shrimp in Tomato Sauce with Feta 110

**SHRIMP**  
 Broiled Shrimp 114  
 Grilled Shrimp 113  
 Roasted Shrimp and Spinach 112  
 Shrimp in Tomato Sauce with Feta 110

**SKORDALIA**  
 Fried Cod with Garlic Sauce 100  
 Fried Scallops with Garlic Sauce 115  
 Garlic-Crusted Salmon with Eggplant Sauce 106  
 Roasted Beets with Greens and Garlic Spread 25  
*Skordalia* 14

**SOUP**  
 Artichoke and Leek Egg-Lemon Soup 65  
*Avgolemono Soupa* 64  
 Beef and Vegetable Soup with Rhubarb 70

Easter Lamb Soup 66  
 Egg-Lemon Soup 64  
*Harira* 69  
 Lentil and Noodle Soup 58  
 Lentil and Vegetable Soup 60  
*Mayeritsa* 66  
 Moroccan Lamb and Bean Soup 69  
 Palestinian Chicken Soup 68  
 Red Lentil Soup 61  
 Spicy White Bean Soup 62  
 Vegetable Soup 63  
 Souvlaki 154  
*Spanakopita* 26  
*Spanakopita, YiaYia's* 73  
*Spanakorizo* 88

**SPINACH**  
 Baked Garlic Spinach with Cheese 186  
 Fried Spinach Cakes 21  
 Grandma's Spinach Pie 73  
 Lamb with Garbanzos and Spinach 138  
 Roast Pork with Spinach Stuffing 152  
 Roasted Shrimp and Spinach 112  
*Spanakopita* 26  
*Spanakorizo* 88  
 Spinach and Eggs 185  
 Spinach and Rice 88  
 Spinach Salad 42  
 Spinach Salad with Beets and Mint 41  
 Spinach Triangles 26  
*YiaYia's Spanakopita* 73  
 Squash, Savory Squash Pie 78

**SQUID**  
 Fried Squid with Lemon and Garlic 116  
 Squid in Garlicky Tomato Sauce 117  
 Squid, cleaning 6

**STEW**  
 Beef Braised with Tomatoes and Garlic 141  
 Cauliflower Stew 194  
 Green Beans and Tomato Stew 162  
 Green Beans, Zucchini, and Potato Stew 163  
 Halibut and Potato Stew 99  
 Lamb Braised with Lemon and Onion 136  
 Lamb with Garbanzos and Spinach 138  
 Moroccan Lamb and Onion Stew 134  
*Pastitsada* 141  
 Pork with Celery and Lemon 149  
 Rosemary Beef Stew with Pearl Onions 142

Sausage and Pepper Stew 155  
 Savory Halibut Stew 98  
 Serbian Beef Stew with Onions and Peppers 143  
 Serbian Kidney and Onion Stew 157  
 Three-Bean, Greens, Zucchini, and Tomato Stew 161

**STIFADO**  
 Cauliflower Stew 194  
 Rosemary Beef Stew with Pearl Onions 142  
 Savory Halibut Stew 98

Sumac, about 7  
 Sweet Custard in Filo 201

**SWISS CHARD**  
*Dolmades Avgolemono* 146  
 Stuffed Lettuce or Swiss Chard with Egg-Lemon Sauce 146  
 Swiss Chard and Eggs 187  
 Swiss Chard and Onions Braised in Olive Oil 188

**T**  
*Tabbouleh* 50

**TOMATOES**  
 Baked Chicken and Orzo in Tomato Sauce 121  
 Baked Eggplant with Tomatoes and Onion 174  
 Baked Feta with Peppers and Tomatoes 17  
 Chicken with Spiced Tomato Sauce 126  
 Cypriot Salad with Cilantro 44  
 Fried Eggplant and Peppers in Tomato Sauce 180  
 Greek Tomato and Onion Salad 46  
 Greek Village Salad 45  
 Green Beans and Tomato Stew 162  
*Imam Baildi* 174  
*Kleftiko* 140  
 Lamb Packets with Onions, Tomatoes and Feta 140  
 Moroccan Tomato and Pepper Salad 48  
 Palestinian Tomato and Onion Salad 46  
 Peas Baked with Tomatoes and Dill 166  
 Shrimp in Tomato Sauce with Feta 110  
 Squid in Garlicky Tomato Sauce 117

Stuffed Eggplant with Tomato  
Sauce 171  
*Tabbouleh* 50  
Three-Bean, Greens, Zucchini, and  
Tomato Stew 161  
Tomato and Bread Salad 49  
Tomato Salad for Kebab 47  
Tomato, Parsley, and Bulgur Salad 50  
Tomatoes and Eggs 175  
Tomatoes, about 7

*Tyropita* 27  
*Tzatziki* 12

## V

*Vasilopita* 212  
Veal, Alexandrian Liver with Spicy  
Green Peppers and Onions 156  
Vegetable Soup 63  
VEGETABLES  
Artichokes with Dill 183  
Baked Eggplant and Garbanzo  
Beans 173  
Baked Eggplant and Potatoes with  
Meat Sauce and Béchamel 176  
Baked Eggplant with Meat Sauce  
and Yogurt Topping 178  
Baked Eggplant with Tomatoes  
and Onion 174  
Baked Garlic Spinach with Cheese 186  
*Briami* 181  
Cauliflower Stew 194  
Eggplant Spread 12  
Fava-Style Beans with Dill and  
Onions 165  
Fried Eggplant and Peppers in  
Tomato Sauce 180  
Fried Potatoes 192  
Fried Spinach Cakes 21  
Fried Zucchini with Feta 166  
Garbanzo Bean and Garlic Dip 13  
Greek Stuffed Zucchini 168  
Green Beans and Potatoes in Grape  
Leaves 164  
Green Beans and Tomato Stew 162  
Green Beans, Zucchini, and Potato  
Stew 163  
*Imam Baidi* 174  
Lentil and Vegetable Soup 60  
Mint Marinated Zucchini 167

*Moussaka* 176  
Nettles with Eggs and Horseradish  
Cream Sauce 184  
Palestinian Stuffed Zucchini 169  
Paprika Potatoes 189  
Peas Baked with Tomatoes and Dill 166  
Roasted Beets with Greens and  
Garlic Spread 25  
Roasted Cracked Potatoes and  
Herbs 191  
Roasted Lemon Potatoes 190  
Roasted Mixed Vegetables 181  
Roasted Red Peppers 16  
Sautéed Nettles 184  
Spicy Fried Cauliflower 193  
Spicy Fried Okra 182  
Spinach and Eggs 185  
Stuffed Eggplant with Tomato  
Sauce 171  
Sweet and Sour Eggplant with  
Olives and Capers 18  
Swiss Chard and Eggs 187  
Swiss Chard and Onions Braised in  
Olive Oil 188  
Three Bean, Greens and Zucchini,  
Salad with Smoked Salmon 160  
Three-Bean, Greens, Zucchini, and  
Tomato Stew 161  
Tomatoes and Eggs 175  
Vegetable Soup 63  
Zucchini Flowers Stuffed with  
Cheese 170

## W

WALNUTS  
*Baklava* 197  
Honey-Nut Pastries 197  
*Karithopita* 209  
Walnut Cake 209

## Y

*Yiouvetsi* 136  
YOGURT  
Baked Eggplant with Meat Sauce  
and Yogurt Topping 178  
*Moussaka* with Yogurt 178  
*Tzatziki* 12  
Yogurt and Cucumber Dip 12

## Z

### ZUCCHINI

*Briami* 181  
Fried Zucchini with Feta 166  
Greek Stuffed Zucchini 168  
Green Beans, Zucchini, and Potato  
Stew 163  
Mint Marinated Zucchini 167  
Palestinian Stuffed Zucchini 169  
Roasted Mixed Vegetables 181  
Three Bean, Greens, and Zucchini  
Salad with Smoked Salmon 160  
Three-Bean, Greens, Zucchini, and  
Tomato Stew 161  
Zucchini Flowers Stuffed with  
Cheese 170